



# Family Phone Agreement

## Ages 9 to 12

*This phone belongs to our family. You get to use it. Here's how we'll make that work.*

### I will (kid)

- Keep the phone where a parent or caregiver can see it. It charges in the \_\_\_\_\_ at night, not in my room.
- Ask before I download any new app or game.
- Never share my name, school, address or photos with someone I don't know in real life.
- Tell a parent or caregiver right away if something on the phone scares me, makes me feel bad, or seems weird. I won't get in trouble for telling.
- Be kind in every message. If I wouldn't say it out loud, I won't type it.

### I will (parent or caregiver)

- Know your passcode, and tell you if I'm going to look at the phone.
- Look at the phone *with* you, not behind your back. Every \_\_\_\_\_ we'll plug it into Device Nanny together and look at the list of apps on it.
- Listen first if you tell me something went wrong. Telling me is always the right move.
- Help you learn, not just say no. If I say no to an app, I'll tell you why.

### Our Family Rules fill in together

- Phone goes away at \_\_\_\_\_ on school nights.
- No phone at \_\_\_\_\_ (dinner table, car, etc.).
- \_\_\_\_\_

**If a rule gets broken:** We talk about it first. Losing the phone is for repeat problems, not mistakes.

KID

PARENT OR CAREGIVER

DATE